

**SMART GUIDE: WHAT TO EXPECT DURING YOUR
PREGNANCY**

Renee Sim

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It is every parent's dream that her/his baby grows up to be healthy and intelligent. Sure, mother's diet, genes and emotions play a part in.

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Your Smart Guide to Maternity Leave

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Pregnancy is not a time for men to focus on their own comfort in the relationship. It's also smart to keep a list of baby names that you and your partner partner can expect to encounter at each point during the pregnancy.

4 ? Start Smart Pregnancy Book ? Start Smart healthy start in life by taking care of yourself while you .. This happens so your baby can leave your womb and.

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I was a guy that used to pass out at the sight of blood, so I was a little nervous, but this was amazing to experience! You can learn about your company's maternity-leave policies through an employee handbook or by meeting with someone in the company's human-resources office.

IfoundBabyCenter'sweeklyemailveryhelpful,becauseittellsyouwhat'sso
The first trimester is uncomfortable for the woman. Most early pregnancy symptoms will ease up or even disappear.

Thelawcoversonlycompaniesthatemploy50ormoreworkers;youhavetohave
You Leave Your Job? However, it has been proven that smoking and pregnancy don't mix, so steer clear of smoking of any kind to prevent lower birth weight.